



### Registered Nurse Competency/ Skills Checklist

Name: \_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Please check the column that applies to you skill level:

0= No experience, 1= Need Direction (<6months experience)

2= Minimal assistance needed (<1 year experience) 3= Very Competent (>1 year experience)

SKILLS	3	2	1	0	SKILLS	3	2	1	0
<b>NURSING ROLES</b>	-	-	-	-	Nursing Intervention	-	-	-	
Charge Nurse					Patient Teaching				
Team Leader					Evaluation of Patient Care, Care Plan				
<b>PATIENT CARE DELIVERY</b>	-	-	-	-	Discharge Instruction/ Planning				
Team Nursing					<b>MEDICATION ADMINISTRATION</b>				
Primary Nursing					Narcotic control				
<b>NURSING PROCESS SKILLS</b>	-	-	-	-	Inulin Administration				
Nursing History					Skin Testing (intradermal injection)				
Physical Assessments					Procedure				
Skin					Documentation				
Cardiovascular					Reading Results				
Heart, Peripheral Vascular System					Heparin Administration/ Lock				
Respiratory					Patient Controlled Analgesia				
Neurological					Administration of Medications				
Abdomen					Oral				

Bowel, Bladder					IM, Subcutaneous				
Musculoskeletal					Topical/ Medication Patches	-	-	-	
Psychosocial Status					Eye, Ear, Nose				
Fall Assessment					Unit Dose Medication Administration				
Pain Assessment					Nebulizer/ Aerosol Medication Therapy				
Elder/ Domestic					<b>INTRAVENOUS THERAPY</b>				
Patient Care Planning					Venipuncture Site Care				
Calculating and Monitoring Infusion Rate					IV insertion				
Infusion Pumps					Heparin Locks/ Saline Locks				
PCA pumps					Angio Caths				
Insulin pump					Scalp Vein				
IV Push Medications					Application of Crutches				
IV Piggyback Medications					Application of Knee Immobilizers				
IV Add-Mixture/ Additives					Monitoring CVP				
Blood/ Blood Products Administration					Care of Wound Drainage				
Monitoring Blood/ Blood Products					Hemovac Suction Device				
Lipids					Jackson Pratt Suction Device				
TPN/PPN					Care of G-tube				
Central Lines/ Intravascular Access Ports					Care of Penrose Drains				
PICC lines					Care of NG tubes/ Feeding tubes				
<b>CHEMOTHERAPY</b>	-	-	-	-	Care of Chest tubes/ Drainage system				
Administration of Chemo meds					Care of Salem tubes				
Precautions/ Teaching					Catheterization – male incontinence device				
Mixing/ Preparation					Catheterization- foley insertion				
Disposal					Catheterization- foley catheter care				
Chemotherapy Certified					Catheterization- foley removal				
<b>NURSING PROCEDURES</b>	-	-	-	-	Catheterization-straight catheter				
Irrigations					Gastric suction				
Eye					Electronic Thermometer				
Ear					Range of Motion: Active and Passive				
Foley					Seizure Precautions				
Suprapubic					Peri-Care				
Incision					Cast Care				
NG tube					Skin Care in Traction				
Ostomy					Incision Care				
Insertion of NG feeding tube					AV Shunt Care				

Hot Soaks					Bladder Irrigations				
Ice Packs					Infection Control Precautions				
Rectal Temperature					Standard Universal Precautions				
Removal of fecal impaction					Reverse Isolation				
Weighing patients					TB/ Airborne Precautions				
Vital Signs					MRSA/ VRE Precautions				
Application of Restraints					Urine, Sugar & Acetone				
Application of Support Binders					Blood Glucose Monitoring				
Application of Ace Wraps, Slings					Stool Hemocult , Gastric Hemocult				
Application of Antimobolic Stocking					Urine Specific Gravity				
Application of Soft Cervical Collar, Rib Belts					Oxygen Therapy Administration				
Application of Clavicle Brace					Ambu bag, Bag & Mask				
Application of Back Supports (Chairback, Jewett, Corsets)					BiPAP				

Face Mask					Neuro Assessment				
Nasal Cannula					Glasgow Coma Scale				
Tracheostomy Care					Seizure Precautions				
IPPB Rx					Seizure Activity				
Chest PT/ Breath Sounds					Mental Status/ LOC				
Postural Drainage					Halo Traction				
Specimen Collection					<b>ASSISTING WITH BASIC PROCEDURES</b>	-	-	-	-
Blood					Pelvic Exam				
Central Line					Physical Exam				
Venous Stick					Lumbar Puncture				
Cultures					Thoracentesis/ Paracentesis				
Sputum					Dressing Change				
Urine					Staple/ Suture Removal				
Clean Voided					Insertion of Central/ PA Catheter				
24-hour					Insertion of Arterial Line				
Sterile (Straight Cath)					Discontinue Arterial Line				
Swab Culture					Discontinue Central Lines				
Gastric Analysis					Insertion of Chest Tubes				
Abdominal Fluid					<b>EQUIPMENT</b>	-	-	-	-
Anaerobic Cultures					Hypothermia Blanket				
Aerobic Cultures					Pressure Mattress				

Wound Cultures					Restraints				
Stool Cultures					Halo Apparatus				
Suctioning					Traction				
Oral/ Yankauer					Balance Traction				
Oral- pharyngeal					Footboard				
Nasal-pharyngeal					Foster/ Stryker Frame				
Tracheostomy					Cir-O-Electric Bed				
Wound/ Ostomy Care					Cradles				
Colostomy care/ bag change					Intermittent Suction				
Ileostomy care/ bag change					Wall-Straight Suction				
Irrigations					Portable O <sub>2</sub> Suction				
Pressure Ulcers					Straight Drainage				
Staging					Oxygen Wall Panel/ Flowmeter				
Care					Chest Tube Suction				
Stasis Ulcers					Hoyer Lift				
Sterile Dressing Change					K-Pads				
Steri-strip Application					Nelson Bed				
Surgical Wounds with or without Drains					Pressure Relieving Beds				
:					Kangaroo Pumps				

Trans Nerve Stimulator					Neuro Surgery				
Pyxis					Cranial Hemorrhage				
Portable Vital Signs Monitor					AV Shunt Placement				
Cardiac/ Tele Monitors					Multiple Sclerosis				
Lead Placement					Encephalitis (Viral/ Infectious)				
Arrhythmia Interpretation					<b>CARDIAC</b>	-	-	-	-
Blood Glucose Meters					Angina				
Pulse Oximetry					Aneurysm				
Incentive Spirometer					Post MI				
Emergency/ Crash Cart					Hypertensive Crisis				
Ambu Bag (PPV) Mask/ Valve					Open Heart Surgery (Pre & Post Op Care)				
HEPA Filters					CHF				
<b>PAIN MANAGEMENT</b>	-	-	-	-	Cardiac Cath				
Pain assessment using pain scales					Fem/ Pop Bypass				
Epidural Analgesia					<b>RENAL/ GI</b>	-	-	-	-
IV Conscious Sedation					Chronic/ Acute Renal Failure				



